



# U.S. Department of Labor

## Occupational Safety & Health Administration

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### Regulations (Standards - 29 CFR)

## First-aid and CPR Training (Mandatory). - 1910.266 App B

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● <b>Part Number:</b>	1910
● <b>Part Title:</b>	Occupational Safety and Health Standards
● <b>Subpart:</b>	R
● <b>Subpart Title:</b>	Special Industries
● <b>Standard Number:</b>	1910.266 App B
● <b>Title:</b>	First-aid and CPR Training (Mandatory).

The following is deemed to be the minimal acceptable first-aid and CPR training program for employees engaged in logging activities.

First-aid and CPR training shall be conducted using the conventional methods of training such as lecture, demonstration, practical exercise and examination (both written and practical). The length of training must be sufficient to assure that trainees understand the concepts of first aid and can demonstrate their ability to perform the various procedures contained in the outline below.

At a minimum, first-aid and CPR training shall consist of the following:

1. The definition of first aid.
2. Legal issues of applying first aid (Good Samaritan Laws).
3. Basic anatomy.
4. Patient assessment and first aid for the following:
  - a. Respiratory arrest.
  - b. Cardiac arrest.
  - c. Hemorrhage.
  - d. Lacerations/abrasions.
  - e. Amputations.
  - f. Musculoskeletal injuries.
  - g. Shock.
  - h. Eye injuries.
  - i. Burns.
  - j. Loss of consciousness.
  - k. Extreme temperature exposure (hypothermia/hyperthermia)
  - l. Paralysis
  - m. Poisoning.
  - n. Loss of mental functioning (psychosis/hallucinations, etc.).
- Artificial ventilation.
  - o. Drug overdose.
5. CPR.
6. Application of dressings and slings.
7. Treatment of strains, sprains, and fractures.
8. Immobilization of injured persons.
9. Handling and transporting injured persons.
10. Treatment of bites, stings, or contact with poisonous plants or

animals.

[59 FR 51672, Oct. 12, 1994]

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